



	MAINE	NEW HAMPSHIRE	VERMONT
<a href="#">Postpartum Support International</a>	<a href="#">PSI - Maine Chapter</a>	<a href="#">PSI - New Hampshire Chapter</a>	<a href="#">PSI - Vermont Chapter</a>
<b>Home Visiting Programs Public Health Nursing</b>	<a href="#">CradleME</a> <a href="#">CradleME Request Form - Instructions (PDF)</a> <a href="#">CradleME Request Form (PDF)</a> <a href="#">Public Health Nursing webpage</a> <a href="http://www.maineamilies.org">www.maineamilies.org</a>	<a href="#">Healthy Families – Home Visiting</a>	<a href="#">Strong Families - Vermont</a>  <a href="#">Vermont Health - Family and Child Resources for Educators and Providers</a>
<b>Early Intervention</b>	<a href="#">Child Developmental Services webpage.</a>	<a href="#">NH Birth to 3 - Family Centered Early Supports &amp; Services</a>	<a href="#">Help Me Grow - VT</a> <a href="#">Help Me Grow - VT: Universal Referral Form</a>
<b>Family Resource Centers <a href="#">Center for Parent Information &amp; Resources</a></b>	<a href="#">Resource Guide for Maine Families-Schools-Communities</a>  <a href="#">Maine Kinship Resources</a> <a href="#">Maine Parent Federation</a>	<a href="#">Family Support New Hampshire (FSNH)</a> <a href="#">Kinship Caregiver Guide</a> <a href="#">New Hampshire Children's Trust</a> <a href="#">The Moore Center</a> <a href="#">NH Parent Information Center</a> <a href="#">NH Family Voices: Navigating the Maze</a> <a href="#">NH Family Voices</a>	<a href="#">Vermont Family Network</a>  <a href="#">VT Parent Child Center Network</a>
<b>Perinatal Substance Use</b>	<a href="#">MaineMOM.org</a> <a href="#">Maine Access Points</a> <a href="#">Maine Plan of Safe Care - Resources</a> <a href="#">Know Your Options - Maine</a>	<a href="#">NH Perinatal Substance Exposure Collaborative</a> <a href="#">NH Supports for Pregnant and Parenting Women - Regional</a> <a href="#">NH SBIRT Implementation Playbook for Perinatal Providers</a>	<a href="#">Substance Use in Pregnancy - Provider Tips</a> <a href="#">VT Helplink 802-566-LINK</a> <a href="#">Pregnant &amp; Parenting Resources – Substance Use</a>
<b>WIC</b>	<a href="#">Maine WIC</a>	<a href="#">NH WIC</a> <a href="#">NH - Local WIC Offices</a> <a href="#">Online WIC NH: Pre-application tool</a>	<a href="#">Vermont WIC</a> <a href="#">VT WIC: Online Application</a>

**Select Autism Resources for NH:**

NH Council on Autism Spectrum Disorders [www.nhcouncilonasd.org](http://www.nhcouncilonasd.org)

Asperger/Autism Network (AANE) [www.aane.org](http://www.aane.org) (617) -393-3824

NH4Autism Facebook: [www.facebook.com/NH4Autism/](https://www.facebook.com/NH4Autism/)

Autism Speaks, New England Chapter [www.autismspeaks.org/new-england](http://www.autismspeaks.org/new-england) (617) 726-1111

## NH FAMILY RESOURCE CENTERS INTERACTIVE EMERGENCY CONTACT LIST

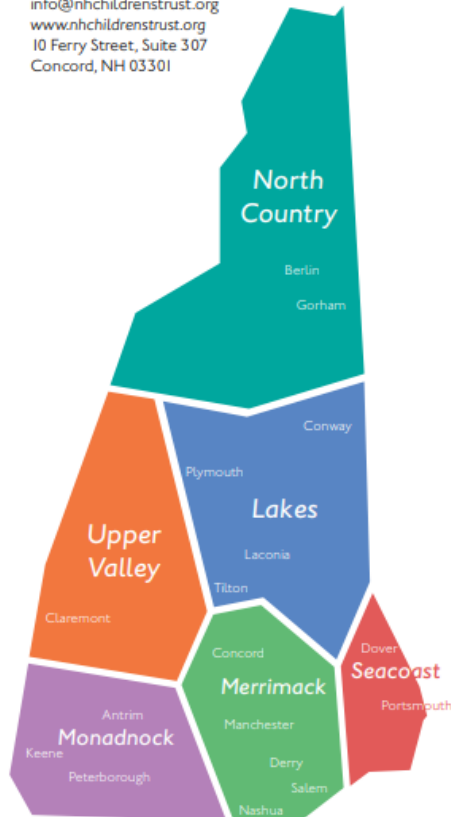


**Family Support New Hampshire**  
P.O. Box 1544  
Concord, NH 03102  
FSNHweb@gmail.com  
www.fsnh.org



**NEW HAMPSHIRE  
Children's Trust**  
New Hampshire chapter of  Prevent Child Abuse America

(603) 224-1279  
info@nhchildrenstrust.org  
www.nhchildrenstrust.org  
10 Ferry Street, Suite 307  
Concord, NH 03301



**THE FAMILY RESOURCE CENTER**  
Serving Coos County & N. Grafton County  
123 Main St.  
**Gorham, NH 03581**  
Main & Referral: (603) 466-5190  
**Emergency On-Call: (603) 723-4057**  
familysupport@frc123.org  
[www.frc123.org](http://www.frc123.org)  
Available during normal business hours and by appointment.

**CHILDREN UNLIMITED INC.**  
Serving Carroll County  
182 Main St.  
**Conway, NH 03818**  
Main & Referral: (603) 447-6356, ext. III  
**Emergency On-Call: (603) 651-8676**  
bross@childrenunlimitedinc.org  
[www.childrenunlimitedinc.org](http://www.childrenunlimitedinc.org)  
Available during normal business hours and 24 hour availability for existing clients.

**FAMILY RESOURCE CENTER OF CENTRAL NH**  
Serving the Lakes Region  
719 North Main St.  
**Laconia, NH 03246**  
Main & Referral: (603) 524-8811  
erin.pettengill@lrcs.org  
[www.lrcs.org/family-resource-center](http://www.lrcs.org/family-resource-center)  
Available during normal business hours.

**LAKES REGION FAMILY CENTER COMMUNITY ACTION PROGRAM**  
Serving Belknap County  
121 Belmont Rd.  
**Laconia, NH 03246**  
Main: (603) 528-5334  
Head Start: (603) 528-5334  
HFA: (603) 528-5334, ext. 125  
Food Pantry: (603) 524-5512  
**Emergency On-Call: (603) 856-9104**  
FreemanToth@BM-Cap.org  
[www.bm-cap.org/](http://www.bm-cap.org/)  
Available during normal business hours.

**WHOLE VILLAGE FAMILY RESOURCE CENTER**  
Serving Grafton County & Town of New Hampton  
258 Highland St.  
**Plymouth, NH 03264**  
Main & Referral: (603) 536-3720  
[www.graniteuniv.org/our-work/granite-united-way-initiatives/whole-village](http://www.graniteuniv.org/our-work/granite-united-way-initiatives/whole-village)  
Available during normal business hours.

**GREATER TILTON AREA FAMILY RESOURCE CENTER**  
Serving Tilton, Northfield, Franklin, Sanbornton & surrounding towns  
5 Prospect St.  
**Tilton, NH 03276**  
Main & Referral: (603) 286-4255  
[www.gtafc.com](http://www.gtafc.com)  
Available during normal business hours.

**COMMUNITY ACTION PARTNERSHIP OF STRAFFORD COUNTY**  
Serving Strafford County  
577 Central Ave.  
**Dover, NH 03820**  
Main: (603) 435-2500  
Child & Family Services: (603) 435-2500, ext. 8108  
**Emergency On-Call: (603) 435-2500**  
pgyrcsan@straffordcap.org  
[www.straffordcap.org](http://www.straffordcap.org)  
Available during normal business hours.

**FAMILIES FIRST HEALTH AND SUPPORT CENTER**  
Serving Rockingham County  
100 Campus Dr., Suite 12  
**Portsmouth, NH 03801**  
Main: (603) 422-8209—CFSS, Partners in Health & help with Special Education  
**Emergency On-Call: (603) 742-7084**  
gclark@familiesfirstseacoast.org  
[www.familiesfirstseacoast.org/family-programs](http://www.familiesfirstseacoast.org/family-programs)  
Available during normal business hours.

**EASTER SEALS CHILD DEVELOPMENT AND FRC**  
Serving Greater Manchester  
435 S. Main St.  
**Manchester, NH 03102**  
Main & Referral: (603) 666-5982  
kmckenney@eastersealsnh.org  
[www.easterseals.com/nh/our-programs/child-development-centers](http://www.easterseals.com/nh/our-programs/child-development-centers)  
Available during normal business hours.

**THE UPPER ROOM A FAMILY RESOURCE CENTER**  
Serving Southern NH & Rockingham County  
36 Tsienneto Rd.  
**Derry, NH 03038**  
Main: (603) 427-8477, ext. 10  
bguiggisberg@urteachers.org  
[www.urteachers.org](http://www.urteachers.org)  
Available during normal business hours.

**SALEM FAMILY RESOURCES**  
Serving the Greater Salem Area  
24 School St.  
**Salem, NH 03079**  
Main & Referral: (603) 898-5493  
cjury@salemfamilyresources.org  
[www.salemfamilyresources.org](http://www.salemfamilyresources.org)  
Available during normal business hours.

**WAYPOINT: A FAMILY AND COMMUNITY RESOURCE CENTER**  
Serving Hillsborough County (not including Manchester)  
113 West Pearl St.  
**Nashua, NH 03060**  
Main: (603) 518-4000  
Referral: (603) 518-4390  
hvreferrals@waypointnh.org  
[www.waypointnh.org](http://www.waypointnh.org)  
Available during normal business hours.

**Serving City of Manchester**  
464 Chestnut St.  
**Manchester, NH 03105**  
Main: (603) 518-4000  
Referral: (603) 518-4390  
hvreferrals@waypointnh.org  
[www.waypointnh.org](http://www.waypointnh.org)  
Available during normal business hours.

**Serving Merrimack County**  
103 North State St.  
**Concord, NH 03301**  
Main: (603) 518-4000  
Referral: (603) 518-4390  
hvreferrals@waypointnh.org  
[www.waypointnh.org](http://www.waypointnh.org)  
Available during normal business hours.

**FAMILY CONNECTIONS CENTER**  
Serving all families with a NH incarcerated parent  
PO Box 14  
**Concord, NH 03802**  
Main: (603) 271-1926  
kristina.toth@doc.nh.gov  
[www.nh.gov/nhdnr/fcc](http://www.nh.gov/nhdnr/fcc)  
Available during normal business hours.

**TLC FAMILY RESOURCE CENTER**  
Serving Sullivan & Lower Grafton Counties  
109 Pleasant St.  
**Claremont, NH 03743**  
Main & Referral: (603) 542-1848  
**Emergency On-Call: (802) 230-5859**  
maggie@tlcfamilyrc.org  
[www.tlcfamilyrc.org](http://www.tlcfamilyrc.org)  
Available during normal business hours.

**THE CENTER FOR RECOVERY**  
Serving Sullivan & Lower Grafton Counties  
1 Pleasant St.  
**Claremont, NH 03743**  
Main & Referral: (603) 287-7127  
**Emergency On-Call: (603) 558-7017**  
Dan@tlcfamilyrc.org  
[tlcfamilyrc.org/thecenter](http://tlcfamilyrc.org/thecenter)  
Available during normal business hours.

**HEALTHY STARTS AT HCS**  
Serving Southwestern NH  
312 Marlboro St.  
**Keene, NH 03431**  
Main & Referral: (603) 352-2253  
pvaine@hcsservices.org  
[www.hcsservices.org/healthy-starts](http://www.hcsservices.org/healthy-starts)  
Available during normal business hours.

**THE GRAPEVINE FAMILY AND COMMUNITY RESOURCE CENTER**  
Serving Hillsborough County (E. Monadnock Region)  
4 Aiken St.  
**Antrim, NH 03440**  
Main & Referral: (603) 588-2620  
melissag@grapevinenh.org  
[www.grapevinenh.org](http://www.grapevinenh.org)  
Available during normal business hours.

**THE RIVER CENTER FAMILY AND COMMUNITY RESOURCE CENTER**  
Serving E. Monadnock Region (Peterborough & surrounding towns)  
9 Vose Farm Rd., Suite 115  
**Peterborough, NH 03458**  
Main & Referral: (603) 924-6800  
**On-Call Emergency: (603) 562-5238**  
**\*text if emergency**  
[www.rivercenter.us](http://www.rivercenter.us)  
Available during normal business hours.



**FAMILY SUPPORT  
NEW HAMPSHIRE**



**NEW HAMPSHIRE  
Children's Trust**  
New Hampshire chapter of  Prevent Child Abuse America